

Our Healthcare Team

Our family doctors:

Ella Leers, MD

Diana Ramirez, MD

Jose Rodriguez, MD

Jean Burg, MD

Our pediatricians:

Tess Punnapuzha, MD

Annamma Zachariah, MD

Our midwife:

Judy Berk-Levine, CNM

Our nurse practitioner:

Aileen Steiner, FNP

Our registered nurses:

Lola Blair, RN

Kylia Easter, RN, PNP

Edith Santa, RN

Our social worker:

Earlean Barrett, CSW



Directions to our office

**#55 or 15 bus to 3rd Ave. & East Tremont.
Walk to Arthur Ave & turn right
#40 or 42 bus to E. Tremont & Arthur Ave.
#2 or #5 train to West Farms Sq, then take #
40 or 42 bus to East Tremont & Arthur Ave.
#17 bus to Crotona Ave. & E. 176th St..**

The Health Center at Tremont

1826 Arthur Ave.
Bronx, New York 10457

Phone:718-918-8750, 8700
Fax:718-918-8790

The Health Center at Tremont

1826 Arthur Ave
Bronx, NY 10457

718-918-8750
718-918-8700

We provide care to
infants, children,
teens, adults and
seniors

Health Care for the Entire Family

The Health Center at Tremont provides medical care for your entire family

You can come to us when you are sick or you can come to us for a check-up or for advice on how to stay healthy.

How to get an appointment

We offer same day or next day appointments.

This means that you can call our office on the day you would like to be seen, and we will give you an appointment for that day or the next day.

Our office hours

Monday—Friday

8:30 am—4:30 pm

Saturday (2 times per month)

9:00 am—1 pm

When our office is closed

If you need to reach your medical care provider, but our office is closed, call **718-918-8750** or **718-918-8700**, and you will be connected to the doctor on call. This doctor will answer your questions and help you with your medical problems.

**At The Health Center at Tremont,
we provide the following services:**

Care for children from birth to teen years

Adolescent health care

Adult health care

Vaccinations for children and adults

Developmental assessments

Family planning, including birth control and

Emergency contraception

Gynecology care

Prenatal care

HIV counseling and testing

Care for people with HIV infection or AIDS

Testing for sexually-transmitted diseases (STD)

Physical exams

Care for all medical problems

diabetes

high blood pressure

asthma

Help for depression and anxiety

Smoking cessation

Weight loss program

OUR SERVICES ARE CONFIDENTIAL

If you have no health insurance

You can see our financial counselor who will help you apply for medical insurance or determine whether you qualify for a fee reduction. **No one is ever turned away** because of inability to pay. We are here to help you.

Would you like to see our social worker?

Our social worker is here to help our patients with many kinds of problems. Here is a list of some problems she may be able to help you with:

Housing

Substance abuse

Family violence

Employment

School problems

Raising your kids alone

Mental health

Behavior problems

Specialty referrals

When you need to see a specialist, we will refer you to the doctors we work with at Jacobi Medical Center or North Central Bronx Hospital.

WIC office

Women, Infants, Children (WIC)
Our WIC office is open Monday & Thursday

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